

Rutgers Women+ in Technology (WIT+)

PEER-TO-PEER PROGRAM

MONTH 6: REFLECTING AND MOVING FORWARD

HIGH-LEVEL FOCUS - PROGRAM REFLECTION:

Peer groups will reflect on the progress made during the program and should encourage each other to share their experiences and lessons learned. Peer groups should identify one or two highlights to potentially share with the larger program group during our final “Lessons Learned” session.

SUGGESTED GROUP ACTIVITY - THEN & NOW + FUTURE PLANS:

- During the meeting, re-read your “Future Me” index cards or revisit your group vision board. Each person should have a chance to reflect on their progress, surprises, and lessons learned over the past few months, like:
 - What changed in how you approached your typical day? What stayed the same?
 - Is there anything I could have done better to achieve my goals during the program? What changes can I make moving forward?
 - What were my roadblocks/bottlenecks? How can I leverage my new knowledge and network to get around them?
- Discuss as a group how to continue personal and professional growth beyond the program. What are some next steps?
- Before ending the meeting, share and write down one piece of advice you’d give to someone starting the program fresh.